



August Menu

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Chicken Cacciatore Long Grain Rice Capri Blend Veggies</p> <p>100% Whole Wheat</p> <p>Sliced Melon</p>	<p>4</p> <p>Grape Juice Hamburger French Fries California Blend Veggies Mustard</p> <p>Happy Birthday</p> <p>Hamburger Roll</p> <p>Birthday Cake</p>	<p>5</p> <p>Apple Juice Chunky Turkey Salad with Cranberries Pasta Primavera with Vegetables</p> <p>Multi Grain Bread</p> <p>Ice Cream Social*</p>	<p>6</p> <p>Minestrone Soup Unsalted Crackers Broccoli Bake Peas & Carrots</p> <p>Pumpnickel Bread</p> <p>Fruited Yogurt</p>	<p>7</p> <p>Orange Juice Baked Filet of Sole with Lemon Sauce Rice Pilaf Yellow & Green Squash</p> <p>Oat Bread</p> <p>Banana</p>
<p>10</p> <p>Orange Juice Boneless Pork Chop Onion Gravy Red Beans & Rice Green Beans</p> <p>Corn Bread</p> <p>Sherbet</p>	<p>11</p> <p>Philly Cheesesteak with Cheese, Onions & Peppers Mashed Potatoes Peas</p> <p>Grinder Roll</p> <p>Tropical Fruit Cup</p>	<p>12</p> <p>Cream of Broccoli Soup Unsalted Crackers Grilled Chicken over Caesar Salad with Olives, Cucumbers and Croutons Caesar Dressing 100% Whole Wheat</p> <p>Chunky Applesauce</p>	<p>13</p> <p>Eggplant Parmesan Roll-Up Ziti with Meat Sauce Italian Blend Veggies</p> <p>Italian Bread</p> <p>Pineapple Chunks</p>	<p>14</p> <p>Grape Juice Pier 17 Fish Baked Yam Versailles Veggies</p>  <p>Rye Bread</p> <p>Raisin Cream Pie</p>
<p>17</p> <p>Cheeseburger Lettuce & Tomato Tater Tots Broccoli Florets</p>  <p>Hamburger Bun</p> <p>Fruit Cup</p>	<p>18</p> <p>Hearty Vegetable Soup Unsalted Crackers Chicken Salad with Celery Lettuce Bed Coleslaw</p> <p>W.W. Hamburger Roll</p> <p>Pears</p>	<p>19</p> <p>Cranberry Juice Roast Beef Beef Au Jus Au Gratin Potato Pickled Beet Salad</p> <p>Pumpnickel Bread</p> <p>Italian Ice</p>	<p>20</p> <p>Baked Fish Tartar Sauce Baked Sweet Potato 3 Bean Salad with Chick Peas</p> <p>Rye Bread</p> <p>Banana</p>	<p>21</p> <p>Apple Juice Hawaiian Chicken Quarter with Pineapple Sauce Rice Pilaf Oriental Blend Veggies</p> <p>Oatmeal Bread</p> <p>Pecan Spinwheel</p>
<p>25</p> <p>Orange Juice Spaghetti with Sauce Meatballs Parmesan Cheese Italian Blend Vegetables</p> <p>Italian Bread</p> <p>Apricots</p>	<p>26</p> <p>Un-breaded Veal Cutlet with Sautéed Peppers and Onions Roasted Potato Wedges Scandinavian Veggies</p> <p>Rye Bread</p> <p>Watermelon Slice</p>	<p>Labor Day Special 27</p> <p>Pineapple Juice Long Dog Baked Beans Cucumber Salad</p>  <p>Long Dog Roll Apple Pie with Whipped Topping</p>	<p>28</p> <p>Roast Turkey Turkey Gravy Herbed Stuffing Carrot Coins Cranberry Sauce</p> <p>Dinner Roll</p> <p>Fresh Pear</p>	<p>29</p> <p>Beef Barley Soup Unsalted Crackers Chunky Seafood Salad Lettuce Bed/Tomato Sl. Spinach Pasta Salad</p> <p>Wheat Bread</p> <p>Fresh Peach</p>
<p>31</p> <p>Beef Stroganoff Egg Noodles Garden Salad Italian Dressing</p> <p>Multigrain Bread</p> <p>Peaches</p>	 			